

TRAINING PROGRAM

- 🏸 ON COURT SKILL TRAINING
- 🏸 FOOTWORK
- 🏸 GAMES
- 🏸 PHYSICAL TRAINING

ELITE SPORTS

BADMINTON ACADEMY
NEW INTAKE FOR 2024

PRIVATE LESSONS ALSO AVAILABLE FOR BOOKING
假期班同时也接受私教课报名

假期班活动内容

- 🏸 技术手法训练
- 🏸 脚步训练
- 🏸 体能训练
- 🏸 对打游戏

for more info and booking:
通过微信或短信报名



0424289829
BRENT



\$40/1 class or \$35/class for 10 + sessions

Class Timetable

	MON 12.30- 2.30pm	TUE 4.30- 6.30pm	WED 4.30- 6.30pm	THU 12.30- 2.30pm	SAT 5-7pm
Week 1	1/4	2/4	3/4	4/4	6/4
Week 2	8/4	9/4	10/4	11/4	13/4