

Coaching Sessions Information

📞 Call or SMS 0411 214 450 to enquire!

MONDAY

4:30PM - 6:30PM (Beginners & Elementary)

TUESDAY

8:30PM - 10:30PM (Adult coaching session)

WEDNESDAY

4:30PM - 6:30PM (Beginners & Elementary)

THURSDAY

5:00PM - 7:30PM (Intermediate & Advanced)

FRIDAY

4:30PM - 6:30PM (Beginners & Elementary)



OUR COACH Lenny Permana

Lenny was a former badminton player representing Australia and Indonesia. Her badminton playing career spans over 30 years. Her experience and passion in badminton has led her to simultaneously coach and develop junior players while playing for Australia. Some of her students have gone on to represent Victoria State and Australia at junior and senior levels (representing at both the Olympics and Commonwealth Games).

She is currently focused in coaching and her abilities cater for all levels that have benefited players from the advanced and intermediate to the beginner levels.

Player achievements

- Highest world ranking attained - 20 for ladies singles
- Australian representative at the 2004 Athens Olympic Games – Ladies singles
- Australian representative at the 2002 Manchester Commonwealth Games – Ladies singles
- Oceania Championship - 2002 & 2004 Ladies singles winner
- Australia National Championship – Ladies singles winner
- New Zealand Open & North Harbour International - Ladies singles winner
- Victorian Open - Ladies singles winner
- Represented Australia at the Uber Cup, Sudirman Cup, Whyte Trophy team events
- Represented Victorian Senior Team at the Ede Clendinnen Shield
- Represented Indonesia from 1994 to 1996.
- Represented Indonesia at the World Junior Championship 1994 (quarter finalist of ladies singles)
- Represented Indonesia at the 1996 Asian Championship (quarter finalist of ladies singles).

Other badminton awards

- Recipients of Badminton Victoria Sportswoman of the Year (3 times)
- Cliff Cut Award (Sportsmanship Award)
- Best Performance Player (at least twice)
- Best Personality Player (at least twice)

Coaching experience

- Badminton Australia Under 15 National Junior Coach - 2016 & 2017
- Badminton Australia National Junior Selector – 2005
- Badminton Victoria Coach of the Year - 2004, 2005 & 2007
- Victorian Under 13 teams - Winners to the Tri Series Trophy in 2010, 2012, 2015, 2016 & 2017
- Victorian Under 15, 17 & 19 Carnivals teams – 2005 & 2006
- Serpell Primary School Coach - All Victorian Primary School Championship winners in 2015 & 2016
- East Doncaster Secondary School Year 7 Coach - State Championship winners in 2015

Badminton coaching awards

- Awarded 2017 Volunteer of the Year by Badminton Australia
- Recipient of 2009 Badminton Australia Conspicuous Award for Outstanding Service of A Conspicuous Nature and Service to Badminton.